



# INWA World Cup



## Nordic Walking Half Marathon Nagano 2019

In collaboration with The International Nordic Walking Federation (INWA) the Nordic Walking World Cup takes place for the first time in Japan on 13th Oct. 2019!

Please come to Japan! And let's have a fun with Japanese Nordic Walkers in Nagano!!

- ◆ Date : 13<sup>th</sup>(Sun) Oct. 2019
- ◆ Place : Organic Resort, Lake Reisenji, Iizuna town, Nagano, Japan  
<http://1127.info/en/>      <http://www.organic-resort.co.jp>
- ◆ Host : Executive Committee of NW Half Marathon Nagano , Iizuna Town Tourism Association
- ◆ Special Guest : Mr. Kenji OGIWARA -The World Champion of Nordic Combined Ski
- ◆ Distances : World Cup : 21km, 12.5km      Exhibition : 8km, 5.5km
- ◆ Timetable  
<12<sup>th</sup> (Sat) Oct >  
16:30 -18:00    Welcome Party a – Organic Resort (Tengu no Yakata)  
※ Prior booking essential. The fee : 1,500yen    (Including drinks & snacks)  
  
<13<sup>th</sup> (Sun) Oct >  
8:00 – 8:40    Start numbers handout – Start / Finish area  
8:50 – 9:20    Opening Ceremony & Warming up  
9:30            Start of WC 21km  
9:35            Start of WC 12.5km  
9:40            Start of 8km  
9:45            Start of 5.5km  
11:30 –        Goal & Lunch & Enjoy Onsen (Spa)  
14:00 –        Award ceremony  
14:30 –        Lottery & Closing ceremony
- ◆ Registration Deadline: 3<sup>th</sup>(Fri) Sep. 2019
- ◆ Entry Fee : 5,400yen    (※Rental NW poles available. Rental fee: 500yen)
- ◆ Registration : Please send your information as below by e-mail to our office. [staff@1127.info](mailto:staff@1127.info)
  - Your Name, M/F, Nationality
  - Date of Birth
  - Post address, Phone number
  - Entry Distance
  - T-shirt's size