



## **Guideline of INWA Race Official Course**

Nordic Walking races have been held as a sporting competition since 2013. Competitions help to raise the profile of Nordic Walking and provide encouragement for everyday Nordic Walkers and INWA wish to maintain this spirit of sportsmanship.

INWA is improving the rules governing INWA competitions and it is now a requirement that there are a minimum of five Race Officials at INWA World Cup events. This document provides information on how to apply for the INWA Race Official Course.

If you would like to organize an INWA World Cup event in future, please remember to appoint the minimum number of Race Officials for the event. Certified Race Officials will be registered by INWA, which is managed by the INWA office. If you require any assistance, please contact the INWA Secretary.

INWA has built the Race Official Course to be used for the training of two levels of Race Officials which are:

### **I National Nordic Walking Referee:**

- Has to be either a certified INWA Nordic Walking National Trainer or Instructor and will be selected by the National Nordic Walking Association
- After education and certification has the authority to educate Nordic Walking Referees in the organization of INWA National Nordic Walking Association.

### **II Nordic Walking Referee:**

- Does not have to be a certified INWA Nordic Walking Instructor.
- Has to be capable to work as a referee and to understand the rules of the Competitions



### **1.a Schedule of INWA Race Official Course**

INWA offers the Race Official courses annually in a reasonable place and time. The course schedule and booking process will be available on the INWA website and on INWA's Facebook site and through the INWA newsletter.

The course is delivered by an INWA International Trainer. If you have a requirement for Race Official training to be conducted in your own country, please contact to INWA office.

### **1.b Content of the INWA Race Official Course**

- Outline of Nordic Walking Race and Competition Rules
- Review NW Race handbook
- Nordic Walking Techniques in race
- How to make a handbook
- First Aid
- How to observe NW technique
- How to manage giving yellow/red card
- Examination
- Info about certification and CPD

## **2. Course fees**

**National Nordic Walking Referee course:** price is 245 EUR/person.

This price includes the license to use the INWA Race Official materials for one year. After the first year there will be a license fee to be paid to INWA, which is 25 EUR per year/person. License covers the rights to use the INWA Race Official materials.

**Nordic Walking Referee course:** prices can be defined by the National Nordic Walking Association (NNWA) but the license fee to be paid to INWA is 25 EUR per referee. After the first year there will be a license fee to be paid to INWA, which is 25 EUR per year/person. NNWA is responsible for informing INWA about the trained Referees and INWA will invoice the NNWA accordingly.

The NNWA can decide locally about the costs and terms of the Nordic Walking referee course but the official INWA Race Official education program has to be used.



National Nordic Walking Referee courses are arranged by the International Trainers of INWA. In special cases they can also arrange Nordic Walking Referee courses for the National Nordic Walking Associations.

Training includes lectures, practical lessons and materials.

### **3. Registrations to the courses**

Registration is done by sending the application to National Nordic Walking Association or directly to the INWA office depending on the course. Registration for the National Nordic Walking Referee course is done by the NNWA to INWA office.

INWA secretary: Betty van Veelen  
[info@inwa-nordicwalking.com](mailto:info@inwa-nordicwalking.com)

### **4. Confirmation**

INWA office or NNWA, depending on the course, will send every participant a confirmation letter by email.

### **5. Register**

After passing the exam at the course, the National Nordic Walking Referees and Nordic Walking Referees will get an official INWA certification.

All INWA Race Officials are included in the register of Race Officials, which will be published on the INWA website.

### **6. Cancellation**

In case of sickness or any other reason, a participant can transfer 50% of payment to the next available course.