



# INVITATION

## INWA Nordic Walking World Cup 2018

**8-9th of July, 2018 Qinghai, China**

We are pleased to invite the Nordic Walking athletes of your country to participate the first ever INWA Nordic Walking World Cup event in Qinghai, China. Participation is allowed for all the citizens of the countries.

Registration and additional information by e-mail: Mr. Ted Tian: [tedtian@163.com](mailto:tedtian@163.com) and CC [113415663@qq.com](mailto:113415663@qq.com)

**Date - 7<sup>th</sup> -8<sup>th</sup> of July, 2018**

**Venue – Ledu & Guide, Qinghai, China.**

**Time- start at 10:00 am**

**Registration: from 8:30 till 09:45**

**Distances: 10 km, 21 km**

**Fee- Free for the first 20 international participants**

And Good News: For the first 20 international participants, we will offer: Accommodation three nights July 6/7/8, meals from supper on July 6th to breakfast on July 9th. And local transportation in Qinghai. After you arrive in Xining, we will take care of almost everything.

Race Categories

- Adult A. 18 – 45years old
- Adult B. 46 – 65 years old

**Registration and fee deadline- 31<sup>st</sup> of May**



**INWA Nordic Walking World Cup registration form:**

Date: \_\_\_\_\_

Place: \_\_\_\_\_

Name, surname: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Country: \_\_\_\_\_

City: \_\_\_\_\_

Postal code: \_\_\_\_\_

E-mail \_\_\_\_\_

Phone number (including area code) \_\_\_\_\_

**Registration and fee deadline- 31<sup>st</sup> of May**



## **Transportation to Xining: 3 choices**

1.Lanzhou Zhongchuan International Airport, IATA: LHW, ICAO: ZLLL  
Lanzhou - Xining by Highspeed Train 58 RMB 1h12m

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2.Xi'an Xianyang International Airport, IATA: XIY, ICAO: ZLXY  
Xi'an-Xining by Highspeed Train 232.5 RMB 4h30m

Xi'an is the capital of Shanxi province in China and a sub-provincial city. As one of the most important cities in Chinese history, Xi'an is one of the Four Great Ancient Capitals of China for it has been the capital of 13 dynasties, including the Zhou, Qin, Han, and the Tang. Xi'an is also renowned for being the eastern terminus of the Silk Road and for the location of the Terracotta Army from Qin Dynasty. The city has more than 3,100 years of history. It was called Chang'an in ancient times.

3.Beijing capital international airport  
Beijing-Xining by plane 2h30m Flight tickets 2000-4000RMB round trip, expensive

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For the transportation, we suggest that you check both the flights to the three cities. For Xi'an and Beijing, we suggest that you spend one or two nights there if you transfer there. They are two representative cities of Chinese culture.